

Buccaneer Family Bar and Restaurant
ALLERGEN GUIDE



The Buccaneer
**ALLERGEN
GUIDE**

April 2023 Menu

Valid from April 6th 2023

PLEASE RETURN THIS GUIDE TO A STAFF MEMBER

We cannot guarantee that any foods will be completely free from any of the allergens stated in this guide



OUR ALLERGEN GUIDE

The Buccaneer Family Bar and Restaurant attempts to provide as-complete-as-possible allergen information about its food products, customers with specific food allergens needs to use this guide to assist them with choosing items in our restaurant.

We cannot fully guarantee that any foods will be completely free from any allergens stated in this guide. Ingredients vary and may have changed since your last visit. Please check the relevant section in this allergen guide

If you have any questions or specific requirements please notify a member of staff when placing your food order.

Please Note:

Our Chips, onion rings, potato wedges, crispy mushrooms, sausages, chicken nuggets and fish fingers **can be cooked in the same oil.** for all these products – allergens can be found in the relevant section of this booklet.

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starters

Crispy Mushrooms:

Served with a garlic mayonnaise dip, comes with garnish.

Crispy mushrooms – cereals incl gluten, wheat, eggs, sulphur dioxide/sulphites

Garlic mayonnaise – eggs, mustard

French dressing (over garnish) – cereals incl gluten, wheat, mustard, barley, fish,

Chicken wings:

Marinated Chicken wings served with a garlic Mayonnaise

Marinated Chicken Wings – cereals incl gluten, barley, celery, soya, wheat, mustard

BBQ Sauce - cereals incl gluten, barley, celery, soya, wheat, mustard

Nacho's:

Nachos topped with Jalapeno peppers and cheese, served with tangy salsa – 'Enough to Share'

Tortilla chips – May Contain Milk

Salsa – Sulphur dioxide/Sulphites

Sour Cream – Milk

Cheese – Milk

Jalapeno's – No intentional allergens

Jacks Combo Platter:

Succulent Chicken wings, crispy coated garlic mushrooms, battered onion rings, and rustic potato wedges served with mayonnaise dip

Succulent Chicken Wings – cereals incl gluten, barley, celery, soya, wheat

Crispy coated mushrooms – cereals incl gluten, wheat, eggs, sulphur dioxide/sulphites

battered onion rings – cereals incl gluten, wheat, barley

Rustic potato wedges – cereals incl gluten, wheat

Mayonnaise dip – eggs, mustard

French dressing (over garnish) – cereals incl gluten, wheat, mustard, barley, fish

Vegetarian main meals

Three cheese & broccoli pasta bake:

Fusilli pasta with broccoli in a rich cheese sauce, with a crusty cheese top, comes with garnish.

Homemade recipe – cereals incl gluten, wheat, milk, eggs, soya beans, mustard

French dressing (over garnish) – cereals incl gluten, wheat, mustard, barley, fish

Add chips – No intentional allergens

Butternut squash & Red pepper masala:

Served with basmati rice and a poppadom

Homemade recipe – Contains Mustard – may contain nuts, peanuts

Rice – No intentional allergens

Poppadom – No intentional allergens

Add chips – No intentional allergens

Plant Based Veggie Burger:

Topped with cheese, served in a toasted brioche bun – served with fries

Plant Based Burger – wheat, soya, barley – may contain eggs, celery, sesame and mustard

Brioche bun – cereals incl gluten, wheat, milk, egg

cheese – milk

Salad – No intentional allergens

Chips – No intentional allergens



Main meals

The Buccaneer Burger:

100% British beef 6oz burger in a toasted brioche bun, topped with melted cheese, served with salad and chips

100% beef burger – No intentional allergens

Brioche bun – cereals incl gluten, egg, milk, wheat

Cheese – milk

Salad – No intentional allergens

Chips – No intentional allergens

Add crispy bacon – No intentional allergens

Double up – additional 6oz 100% beef burger – No intentional allergens

Chicken and bacon burger:

A grilled chicken fillet with bacon in a toasted brioche bun served with salad and chips

Chicken breast fillet – No intentional allergens

Bacon – No intentional allergens

Brioche bun – cereals incl gluten, egg, milk, wheat

Salad – No intentional allergens

Chips – No intentional allergens

Add cheese – milk

Hunters chicken:

A succulent chicken breast with crispy bacon and grilled cheese topped with BBQ sauce and served with chips – or have it served as a burger in a toasted brioche bun

Chicken breast fillet – No intentional allergens

Bacon – No intentional allergens

Grilled cheese – Milk

BBQ sauce – cereals incl gluten, barley, celery, soya, wheat, mustard

French dressing (over garnish) – cereals incl gluten, wheat, mustard, barley, fish

Brioche Bun – cereals incl gluten, egg, milk, wheat

Whole spit roasted chicken:

A succulent whole chicken cooked on a spit roast served with chips and gravy or swap gravy for spicy piri piri sauce

Whole roasted chicken – cereals incl gluten, soya, milk, celery, mustard, sulphur dioxide/sulphites

Chips – No intentional allergens

Piri piri sauce – No intentional allergens

Gravy – gluten free – made with meat juices

Main meals

Chicken Tikka Masala:

Tender chicken thigh in a rich tikka masala sauce served with basmati rice and naan bread

Tikka masala recipe – milk, mustard, sulphur dioxide/sulphites, celery – may contain nuts and peanuts

Naan bread – cereals incl gluten, wheat, milk

Basmati rice – No intentional allergens

Add: 2 x Poppadom – No intentional allergens

Add chips – No intentional allergens

Homemade Beef Lasagne:

Prime ground beef in a rich tomato sauce layered between sheets of pasta topped with creamy cheese sauce, served with a salad garnish

Beef lasagne recipe – cereals incl gluten, wheat, barley, fish, sulphur dioxide/sulphites, celery, egg, soya beans, mustard, milk

French dressing (over garnish) – cereals incl gluten, wheat, mustard, barley, fish

Add chips – No intentional allergens

Add two slices of garlic bread – cereals incl gluten, wheat, milk, soya

Fish and chips:

Award winning, freshly battered fillet of fish sourced from sustainable stock served with chips and mushy peas

Battered fish – fish, cereals incl gluten, eggs, soya beans, milk, mustard

Chips – No intentional allergens

Add mushy peas – No intentional allergens

baked beans – No intentional allergens

chip shop curry – cereals incl gluten, celery

chip shop gravy – cereals incl gluten

Wholetail scampi:

Crispy wholetail scampi coated in golden breadcrumbs served with chips, mushy peas and tartar sauce

Wholetail breaded scampi – cereals incl gluten, wheat, crustaceans, shellfish,

Chips – No intentional allergens

Mushy peas – No intentional allergens

Tartar sauce – Cereals incl gluten, egg, mustard, - may contain celery, sulphites and soya

Beef Chilli:

Beef Chilli recipe – Barley, Fish, milk

Rice – No intentional allergens

Tortilla chips – may contain milk

Jalapenos – no intentional allergens

Main meals

Lamb Henry:

Tender shoulder of lamb slowly cooked on the bone in a lamb and mint gravy served with mashed potato and braised root vegetables

Lamb Henry – cereals incl gluten, wheat, barley, soya

Mashed potato – cereals incl gluten, milk, eggs, wheat

Mint gravy – gluten free – made with meat juices

Braised root vegetables – Gravy – gluten free – made with meat juices

Chicken Caesar salad:

Chicken Breast Fillet with crisp and fresh cos lettuce with crispy croutons bound in a Caesar dressing topped with parmesan shavings

Chicken Fillet breast – no intentional allergens

Lettuce – No intentional allergens

Creamy Caesar dressing – cereals incl gluten, wheat, eggs, milk

Parmesan – milk

Croutons – cereals incl gluten, wheat

Add grilled chicken fillet – No intentional allergens

Add chips – No intentional allergens

Gammon and pineapple:

10oz gammon steak served with pineapple, chips, peas and half a grilled tomato

10oz gammon steak – No intentional allergens

Pineapple – No intentional allergens

Chips – No intentional allergens

peas – No intentional allergens

Grilled tomato – no intentional allergens

Add egg – egg

Homemade beef and mushroom pie:

Pastry topped beef & mushrooms in a rich sauce, served with chips or mashed potato, peas and gravy

Beef and mushroom filling – celery

Pastry top – cereals incl gluten, wheat, egg wash

Choose Chips – No intentional allergens

Choose Mashed potato – cereals incl gluten, milk, eggs

peas - No intentional allergens

Steaks

12oz rump steak:

Cooked to your preference, served with chips, peas and half a grilled tomato

Rump steak – No intentional allergens

Chips – No intentional allergens

peas – No intentional allergens

Grilled tomato – no intentional allergens

8oz Sirloin steak:

Cooked to your preference, served with chips, peas and half a grilled tomato

Sirloin steak – No intentional allergens

Chips – No intentional allergens

peas – No intentional allergens

Grilled tomato – no intentional allergens

Sides

(Served with main meal only)

Battered onion Rings – cereals incl gluten, wheat, barley

Grilled mushrooms – milk (from butter used)

Garlic bread – cereals incl gluten, wheat, milk, soya

Add cheese – milk

Chips – No intentional allergens

Peppercorn sauce – milk – made with meat juices

Chip shop curry sauce – cereals incl gluten, celery

Chip shop gravy – cereals incl gluten

Kids Meals

Pork Sausage and Mash:

Two Premium Pork sausages and mash served with gravy, baked beans or peas

Pork sausages – cereals incl gluten, wheat, soya, sulphites

Mashed potato – cereals incl gluten, milk, eggs, wheat

Gravy – gluten free – made with meat juices

Baked beans – No intentional allergens

Peas – No intentional allergens

Fish Fingers and Chips;

Two fish fingers in crispy breadcrumbs served with chips and baked beans or peas

Fish Fingers – Cereals incl gluten, wheat, fish

Chips – No intentional allergens

Baked beans – No intentional allergens

Peas – No intentional allergens

Chicken Nuggets and Chips:

Three classic golden nuggets served with chips and baked beans or peas

Chicken Nuggets – cereals incl gluten, wheat, milk, celery, soya, egg, mustard

Chips – No intentional allergens

Baked beans – no intentional allergens

Beef Burger and Chips:

Children's beef burger in a sesame seeded bun served with chips and baked beans or peas

Beef Burger – cereals incl gluten, wheat, soya, sulphites

Sesame seeded bun – cereals incl gluten, wheat, sesame

Chips – No intentional allergens

Baked beans – No intentional allergens

Peas – No intentional allergens

Pasta spirals:

Pasta spirals in tomato sauce served with a slice of garlic bread

Pasta spirals – cereals incl gluten, wheat

Homemade tomato sauce – celery, milk

Garlic Bread – Cereals incl gluten, wheat, milk, soya

Hot dog in a bun:

Hot Dog – soya, milk, celery – may contain mustard

Hot Dog bun – cereals incl gluten, wheat – may contain sesame

Chips – No intentional allergens

Baked beans – No intentional allergens

THE BUCCANEER

FAMILY BAR & RESTAURANT

3 ROAST CARVERY EVERY SUNDAY



Sunday lunch, with chefs three freshly roasted meats with all the trimmings, help yourself to vegetables and potatoes.

Ingredients vary from week to week and may have changed since your last visit, all carvery food can be viewed from the serving station, however if you have an allergy question on any of our ingredients being served not stated in this section of our allergen guide please ask a member of staff who will be happy to advise.

Roast pork – No intentional allergens

Roast beef – No intentional allergens

Roast gammon – Gluten

Roast turkey – No intentional allergens

Quorn roast – Egg, milk

Roast potatoes – No intentional allergens

New potatoes – milk (from butter used)

Lyonnise potatoes – No intentional allergens

Yorkshire puddings – cereals incl gluten, eggs, milk, wheat

Gravy – gluten free – made with meat juices

* An option for gluten free gravy made without meat juices is available on request, please speak with your server

Potato croquettes – cereals incl gluten, wheat, milk

Pigs in blankets – cereals incl gluten, wheat, soya, sulphites

Stuffing – cereals incl gluten, wheat, barley, egg, soya, celery, milk, mustard, sulphites

Cauliflower cheese – milk, gluten

Creamed green Cabbage – milk

Mint sauce – no intentional allergens

Apple sauce – sulphur dioxide/sulphites

Horseradish – eggs, mustard

Cranberry sauce – No intentional allergens

Wholegrain mustard – cereals incl gluten, wheat, mustard

All veg served on our Sunday carvery such as, peas, carrots, carrot batons, cauliflower, broccoli, red cabbage, sprouts, courgettes, swede, butternut squash, sweetcorn and green beans – may contain milk (from the butter used in our carvery ingredients)

Desserts

Chocolate fudge cake:

A truly irresistible chocolate fudge cake served hot or cold with ice cream or cream

Chocolate fudge cake – cereals incl gluten, milk, wheat, eggs, soya – may contain peanuts/nuts

Ice cream – milk – may contain soya

Cream – milk

Strawberry cheesecake:

A crunchy biscuit base topped off with a creamy filling and finished off with freshly sliced strawberries

Cheesecake – gluten free – made with eggs, milk – and may contain nuts

Strawberries – No intentional allergens

Buccaneer bobs ice cream:

Vanilla ice cream, topped with jelly beans and drizzled with chocolate sauce

Ice cream – milk – may contain soya

Chocolate sauce – milk