

Buccaneer Family Bar and Restaurant
ALLERGEN GUIDE



The Buccaneer
**ALLERGEN
GUIDE**
April 2024 Menu

Valid from April 16th 2024

PLEASE RETURN THIS GUIDE TO A STAFF MEMBER

We cannot guarantee that any foods will be completely free from any of the allergens stated in this guide



OUR ALLERGEN GUIDE

The Buccaneer Family Bar and Restaurant attempts to provide as-complete-as-possible allergen information about its food products, customers with specific food allergens needs to use this guide to assist them with choosing items in our restaurant.

We cannot fully guarantee that any foods will be completely free from any allergens stated in this guide. Ingredients vary and may have changed since your last visit. Please check the relevant section in this allergen guide

If you have any questions or specific requirements please notify a member of staff when placing your food order.

Please Note:

Our Chips, onion rings, potato wedges, crispy mushrooms, sausages, chicken nuggets and fish fingers **can be cooked in the same oil.** for all these products – allergens can be found in the relevant section of this booklet.

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starters

Crispy Mushrooms:

Served with a garlic mayonnaise dip, comes with garnish.

Crispy mushrooms – cereals incl gluten, wheat, eggs, sulphur dioxide/sulphites

Garlic mayonnaise – eggs, mustard

Salad Garnish – No intentional allergens

Chicken wings:

Marinated Chicken wings served with a BBQ sauce

BBQ Sauce - cereals incl gluten, barley, celery, soya, wheat, mustard

Salad Garnish – No intentional allergens

Nacho's:

Nachos topped with Jalapeno peppers and cheese, served with tangy salsa – 'Enough to Share'

Tortilla chips – May Contain Milk

Salsa – Sulphur dioxide/Sulphites

Sour Cream – Milk

Cheese – Milk

Jalapeno's – No intentional allergens

Jacks Combo Platter:

Chicken wings, crispy coated garlic mushrooms, battered onion rings, and rustic potato wedges served with garlic mayonnaise dip

Chicken Wings – cereals incl gluten, barley, celery, soya, wheat

Crispy coated mushrooms – cereals incl gluten, wheat, eggs, sulphur dioxide/sulphites

battered onion rings – cereals incl gluten, wheat, barley

Rustic potato wedges – cereals incl gluten, wheat

Garlic Mayonnaise dip – eggs, mustard



Vegetarian main meals

Three cheese & broccoli pasta bake:

Pasta with broccoli in a rich cheese sauce, with a crusty cheese top.

- Homemade recipe – Cereals incl Gluten, Wheat, Milk, Eggs, Soya beans, Mustard

Add chips – No intentional allergens

Butternut squash & Red pepper masala:

Served with basmati rice and a poppadom

- Homemade recipe – Contains Mustard – May contain Nuts, Peanuts
- Rice – No intentional allergens
- Poppadom – No intentional allergens

Add chips – No intentional allergens

Plant Based Veggie Burger:

Topped with cheese, served in a toasted brioche bun – served with fries

- Plant Based Burger – wheat, Soya, Barley – May Contain Eggs, Celery, Sesame and Mustard
- Brioche bun – Cereals incl Gluten, Wheat, Milk, Egg
- cheese – Milk
- Lettuce – No intentional allergens
- Gherkins – Mustard
- Burger relish – Mustard
- Chips – No intentional allergens

Main meals

The Buccaneer Burger:

100% British beef 6oz burger in a toasted brioche bun, topped with melted cheese, served with chips

- 100% beef burger – No intentional allergens
- Brioche bun – Cereals incl Gluten, Egg, Milk,, Wheat
- Cheese – Milk
- Lettuce – No intentional allergens
- Burger Relish – Mustard
- Gherkins – Mustard
- Chips – No intentional allergens

Add - Crispy bacon – No intentional allergens

Double up – Additional 6oz 100% beef burger – No intentional allergens

Chicken and bacon burger:

A grilled chicken fillet with bacon in a toasted brioche bun served with chips

- Chicken breast fillet – No intentional allergens
- Bacon – No intentional allergens
- Brioche bun – cereals incl gluten, egg, milk, wheat
- Lettuce – No intentional allergens
- Mayonnaise – Egg, Mustard
- Chips – No intentional allergens

Add cheese – Milk

Hunters chicken:

A succulent chicken breast with crispy bacon and grilled cheese topped with BBQ sauce and served with chips – or have it served as a burger in a toasted brioche bun

- Chicken breast fillet – No intentional allergens
- Bacon – No intentional allergens
- Grilled cheese – Milk
- Salad garnish – No Intentional Allergens
- BBQ sauce – Cereals incl Gluten, Barley, Celery, Soya, Wheat, Mustard
- Brioche Bun – Cereals incl Gluten, Egg, Milk, Wheat

Whole spit roasted chicken:

A succulent whole chicken cooked on a spit roast served with chips and gravy or swap gravy for spicy piri piri sauce

- Whole roasted chicken – Cereals incl Gluten, Soya, Milk, Celery, Mustard, Sulphur dioxide/Sulphites
- Chips – No intentional allergens
- Piri piri sauce – No intentional allergens
- Gravy – Gluten Free – Made with meat juices

Main meals

Chicken Tikka Masala:

Tender chicken in a rich tikka masala sauce served with basmati rice and naan bread

- Tikka masala recipe – Milk, Mustard, Sulphur dioxide/Sulphites, Celery – May contain Nuts and Peanuts
- Naan bread – Cereals incl Gluten, Wheat, Milk
- Basmati rice – No intentional allergens
- Parsley – No intentional allergens

Add: 2 x Poppadom – No intentional allergens

Add chips – No intentional allergens

Homemade Beef Lasagne:

Prime ground beef in a rich tomato sauce layered between sheets of pasta topped with creamy cheese sauce, served with a salad garnish

- Beef lasagne recipe – Cereals incl Gluten, Wheat, Barley, Fish, Sulphur dioxide/Sulphites, Celery, Egg, Soya beans, Mustard, Milk
- Salad garnish – No intentional allergens

Add chips – No intentional allergens

Add **Garlic Bread** – Cereals incl Gluten, Wheat, Milk, Soya

Fish and chips:

Award winning, freshly battered fillet of fish sourced from sustainable stock served with chips.

- Battered fish – Fish, Cereals incl Gluten, Eggs, Soya beans, Milk, Mustard
- Chips – No intentional allergens
- Tartar sauce – Cereals incl gluten, egg, mustard, - may contain celery, sulphites and soya

Add **Mushy peas** – No intentional allergens

Baked beans – No intentional allergens

Chip shop curry – Cereals incl Gluten, Celery

Chip shop gravy – Cereals incl Gluten

Wholetail scampi:

Crispy wholetail scampi coated in golden breadcrumbs served with chips, mushy peas or garden peas with a tartar sauce

- Wholetail breaded scampi – Cereals incl Gluten, Wheat, Crustaceans, Shellfish,
- Chips – No intentional allergens
- Mushy peas – No intentional allergens
- Garden Peas – No intentional allergens
- Tartar sauce – Cereals incl gluten, egg, mustard, - May contain Celery, Sulphites and Soya

Beef Chilli:

- Beef Chilli recipe – Barley, Fish, milk
- Garlic Bread - Cereals incl Gluten, Wheat, Milk, Soya
- Tortilla chips – May contain Milk
- Jalapenos – No intentional allergens
- Sour cream – Milk
- Cheese - Milk
- Salsa - Sulphur dioxide/Sulphites

Main meals

Lamb Henry:

Tender shoulder of lamb slowly cooked on the bone in a lamb and mint gravy served with mashed potato and braised root vegetables

- Lamb Henry – Cereals incl Gluten, Wheat, Barley, Soya
- Mashed potato – Cereals incl Gluten, Milk, Eggs, Wheat
- Mint gravy – made with meat juices - Cereals incl Gluten, Wheat, Barley, Soya
- Braised root vegetables – Gravy – Gluten free – Made with Meat Juices

Chicken Caesar salad:

Chicken Breast Fillet with crisp and fresh baby gem lettuce with crispy croutons bound in a Caesar dressing topped with parmesan.

- Chicken Fillet breast – No intentional allergens
- Lettuce – No intentional allergens
- Creamy Caesar dressing – Cereals incl Gluten, Wheat, Eggs, Milk
- Parmesan – Milk
- Croutons – Cereals incl gluten, wheat

Add grilled chicken fillet – No intentional allergens

Add chips – No intentional allergens

Gammon and pineapple:

10oz gammon steak served with pineapple, chips, peas and half a grilled tomato

- 10oz gammon steak – No intentional allergens
- Pineapple – No intentional allergens
- Chips – No intentional allergens
- Peas – No intentional allergens
- Grilled tomato – No intentional allergens

Add Egg – Egg

Homemade beef and mushroom pie:

Pastry topped beef & mushrooms in a rich sauce, served with chips or mashed potato, peas and gravy

- Beef and mushroom filling – Celery
- Pastry top – Cereals incl Gluten, Wheat, Egg Wash
- Choose Chips – No intentional allergens
- Choose Mashed potato – Cereals incl Gluten, Milk, Eggs
- peas - No intentional allergens
- Gravy - Gluten free – Made with Meat Juices

Steaks

12oz rump steak:

Cooked to your preference, served with chips, peas and half a grilled tomato

- Rump steak – No intentional allergens
- Chips – No intentional allergens
- peas – No intentional allergens
- Grilled tomato – No intentional allergens

8oz Sirloin steak:

Cooked to your preference, served with chips, peas and half a grilled tomato

- Sirloin steak – No intentional allergens
- Chips – No intentional allergens
- peas – No intentional allergens
- Grilled tomato – No intentional allergens

Sides

(Served with main meal only)

- Battered onion Rings – Cereals incl Gluten, Wheat, Barley
- Grilled mushrooms – Milk (from butter used)
- Garlic bread – Cereals incl Gluten, Wheat, Milk, Soya
- Chips – No intentional allergens
- Wedges - No intentional allergens
- Peppercorn sauce – Milk – made with Meat Juices
- Chip shop curry sauce – Cereals incl Gluten, Celery
- Chip shop gravy – Cereals incl Gluten

Add cheese – milk

Kids Meals

Pork Sausage and Mash:

Two Premium Pork sausages and mash served with gravy, baked beans or peas

- Pork sausages – Cereals incl Gluten, Wheat, Soya, Sulphites
- Mashed potato – Cereals incl Gluten, milk,, Eggs, Wheat
- Gravy – Gluten free – Made with Meat Juices
- Baked beans – No intentional allergens
- Peas – No intentional allergens

Fish Fingers and Chips;

Two fish fingers in crispy breadcrumbs served with chips and baked beans or peas

- Fish Fingers – Cereals incl gluten, wheat, fish
- Chips – No intentional allergens
- Baked beans – No intentional allergens
- Peas – No intentional allergens

Chicken Nuggets and Chips:

Three classic golden nuggets served with chips and baked beans or peas

- Chicken Nuggets – Cereals incl Gluten, Wheat, Milk,, Celery, Soya, Egg, Mustard
- Chips – No intentional allergens
- Baked beans – No intentional allergens

Beef Burger and Chips:

Children's beef burger in a sesame seeded bun served with chips and baked beans or peas

- Beef Burger – Cereals incl Gluten, Wheat, Soya, Sulphites
- Sesame seeded bun – Cereals incl Gluten, Wheat, Sesame
- Chips – No intentional allergens
- Baked beans – No intentional allergens
- Peas – No intentional allergens

Tomato Pasta:

Pasta in tomato sauce served with a slice of garlic bread

- Pasta – Cereals incl Gluten, Wheat
- Homemade tomato sauce – Celery, Milk
- Garlic Bread – Cereals incl Gluten, Wheat, Milk, Soya

Hot dog in a bun:

Hotdog in a bun served with chips and baked beans or peas.

- Hot Dog – Soya, Milk, Celery – May contain Mustard
- Hot Dog bun – Cereals incl Gluten, Wheat – May contain Sesame
- Chips – No intentional allergens
- Baked beans – No intentional allergens

3 ROAST CARVERY EVERY SUNDAY



Sunday lunch, with chefs three freshly roasted meats with all the trimmings, help yourself to vegetables and potatoes.

Ingredients vary from week to week and may have changed since your last visit, all carvery food can be viewed from the serving station, however if you have an allergy question on any of our ingredients being served not stated in this section of our allergen guide, please ask a member of staff who will be happy to advise.

- Roast pork – No intentional allergens
- Roast beef – No intentional allergens
- Roast gammon – Gluten, Mustard
- Roast turkey – No intentional allergens
- Quorn roast – Egg, milk
- Roast potatoes – No intentional allergens
- New potatoes – Milk (from butter used)
- Lyonnaise potatoes – No intentional allergens
- Yorkshire puddings – Cereals incl Gluten, Eggs, Milk, Wheat
- Gravy – Gluten free – Made with Meat Juices

An option for gluten free gravy made without meat juices is available on request, please speak with your server

- Potato croquettes – Cereals incl Gluten, Wheat, Milk
- Pigs in blankets – Cereals incl Gluten, Wheat, Soya, Sulphites
- Stuffing – Cereals incl Gluten, Wheat, Barley, Egg, Soya, Celery, Milk, Mustard, Sulphites
- Cauliflower cheese – Milk, Gluten
- Creamed green Cabbage – Milk
- Mint sauce – No intentional allergens
- Apple sauce – Sulphur dioxide/Sulphites
- Horseradish – Eggs, Mustard
- Cranberry sauce – No intentional allergens

All veg served on our Sunday carvery such as, peas, carrots, carrot batons, cauliflower, broccoli, red cabbage, sprouts, courgettes, swede, butternut squash, sweetcorn and green beans – May contain Milk (from the butter used in our carvery ingredients)

Desserts

Chocolate fudge cake:

A truly irresistible chocolate fudge cake served hot or cold with ice cream or cream

- Chocolate fudge cake – Cereals incl Gluten, Milk, Wheat, Eggs, Soya – May contain Peanuts/Nuts
- Ice cream – Milk – May contain Soya
- Cream – Milk

Strawberry cheesecake:

A crunchy biscuit base topped off with a creamy filling and finished off with freshly sliced strawberries

- Cheesecake – gluten free – Made with Eggs, Milk – and May contain Nuts
- Strawberry compote – No intentional allergens
- Strawberry sauce – No intentional allergens

Buccaneer bobs ice cream:

Vanilla ice cream, topped with jellybeans and drizzled with chocolate sauce

Ice cream – Milk – May contain Soya

Chocolate sauce – Milk

Strawberry sauce – No intentional allergens