

Buccaneer Family Bar and Restaurant
ALLERGEN GUIDE



The Buccaneer
**ALLERGEN
GUIDE**
April 2025 Menu

Valid from April 17th, 2025

PLEASE RETURN THIS GUIDE TO A STAFF MEMBER

We cannot guarantee that any foods will be completely free from any of the allergens stated in this guide



OUR ALLERGEN GUIDE

The Buccaneer Family Bar and Restaurant attempts to provide as-complete-as-possible allergen information about its food products, customers with specific food allergens needs to use this guide to assist them with choosing items in our restaurant.

We cannot fully guarantee that any foods will be completely free from any allergens stated in this guide. Ingredients vary and may have changed since your last visit. Please check the relevant section in this allergen guide

If you have any questions or specific requirements please notify a member of staff when placing your food order.

Please Note:

Our Chips, onion rings, potato wedges, crispy mushrooms, sausages, chicken nuggets and fish fingers **can be cooked in the same oil.**

for all these products – allergens can be found in the relevant section of this booklet.

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Starters

Crispy Mushrooms:

Crispy mushrooms – Cereals incl gluten, wheat, eggs, sulphur dioxide/sulphites

Garlic mayonnaise – Eggs, mustard

Salad Garnish – No intentional allergens

Dressing – Mustard

Chicken wings:

Chicken Wings - No intentional allergens

BBQ Sauce – No intentional allergens

Nacho's:

Tortilla chips – No intentional allergens

Salsa – Sulphur dioxide/Sulphites

Sour Cream – Milk

Cheese – Milk

Jalapeno's – No intentional allergens

Meat Spareribs:

Meaty Pork Ribs - No intentional allergens

Parsley - No intentional allergens

Jacks Combo Platter:

Chicken Wings – No intentional allergens

Chicken selects - Cereals incl gluten, wheat, Soya

Crispy coated mushrooms – Cereals incl gluten, wheat, eggs, sulphur dioxide/sulphites

battered onion rings – Cereals incl gluten, wheat, barley

Rustic potato wedges – Cereals incl gluten, wheat

Garlic Mayonnaise dip – Eggs, mustard

Salad Garnish - No intentional allergens

Dressing – Cereals incl gluten, wheat, sulphur dioxide/sulphites, Mustard ,

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Vegetarian main meals

Macaroni Cheese:

- Homemade recipe – Cereals incl Gluten, wheat, milk, soya
- Salad Garnish – No intentional allergens
- Dressing – Cereals incl gluten, wheat, sulphur dioxide/sulphites, Mustard ,
- Garlic bread - Cereals incl Gluten, Wheat, Milk, Soya

Add chips – No intentional allergens

Moussaka:

- Homemade recipe – Cereals including gluten, wheat, Milk
- Pitta bread – Cereals including gluten, wheat
- Tzatziki – Contains Milk

Aloo Gobi:

- Homemade Aloo Gobi – No intentional allergens
- Poppadom's – No intentional allergens
- Mango chutney - No intentional allergens

Plant Based Veggie Burger:

- Plant Based Burger – wheat, Soya, Barley – May Contain Eggs, Celery, Sesame and Mustard
- Brioche bun – Cereals incl Gluten, Wheat, Milk, Egg
- cheese – Milk
- Lettuce – No intentional allergens
- Gherkins – Mustard
- Burger relish – Mustard
- Chips – No intentional allergens

Main meals

The Buccaneer Burger:

- 100% beef burger – No intentional allergens
- Brioche bun – Cereals incl Gluten, wheat, egg, milk,.,
- Cheese – Milk
- Lettuce – No intentional allergens
- Burger Relish – Mustard
- Gherkins – Mustard
- Chips – No intentional allergens

Add - Crispy bacon – No intentional allergens

Chicken and bacon burger:

- Chicken breast fillet – No intentional allergens
- Bacon – No intentional allergens
- Brioche bun – Cereals incl gluten, egg, milk, wheat
- Lettuce – No intentional allergens
- Mayonnaise – Egg, Mustard
- Chips – No intentional allergens

Add cheese – Milk

Hunters chicken:

- Chicken breast fillet – No intentional allergens
- Bacon – No intentional allergens
- Grilled cheese – Milk
- Salad garnish – No Intentional Allergens
- Dressing - Cereals incl gluten, wheat, sulphur dioxide/sulphites, Mustard ,
- BBQ sauce – No Intentional Allergens
- Brioche Bun – Cereals incl Gluten, Egg, Milk, Wheat

Whole spit roasted chicken:

- Whole roasted chicken – Cereals incl Gluten, Soya, Milk, Celery, Mustard, Sulphur dioxide/Sulphites
- Chips – No intentional allergens
- Piri piri sauce – No intentional allergens
- Gravy – Gluten Free – Made with meat juices

Butter chicken Curry :

Homemade Butter Chicken Curry – Milk

Chicken Breast – No intentional allergens

Basmati Rice – No intentional allergens

Naan – Cereals including gluten, wheat.

Add: 2 x Poppadom – No intentional allergens

Add chips – No intentional allergens

Main meals

Homemade Beef Lasagne:

- Beef lasagne recipe – Cereals incl Gluten, wheat, barley, fish, sulphur dioxide/Sulphites, celery, egg, soya beans, mustard, milk
- Salad garnish – No intentional allergens
- Dressing - Cereals incl gluten, wheat, sulphur dioxide/sulphites, mustard

Add chips – No intentional allergens

Add Garlic Bread – Cereals incl Gluten, wheat, milk, soya

Fish and chips:

- Battered fish – Fish, Cereals incl Gluten, soya beans, milk, mustard
- Chips – No intentional allergens
- Tartar sauce – Cereals incl gluten, egg, mustard, - may contain celery, sulphites and soya

Add Mushy peas – No intentional allergens

Baked beans – No intentional allergens

Chip shop curry – Cereals incl Gluten, celery

Chip shop gravy – Cereals incl Gluten

Wholetail scampi:

- Wholetail breaded scampi – Cereals incl Gluten, wheat, crustaceans, shellfish,
- Chips – No intentional allergens
- Mushy peas – No intentional allergens
- Garden Peas – No intentional allergens
- Tartar sauce – Cereals incl gluten, egg, mustard, - May contain Celery, Sulphites and Soya

Beef Chilli:

- Beef Chilli recipe – Barley, fish, milk
- Garlic Bread - Cereals incl Gluten, wheat, milk, soya
- Tortilla chips – No intentional allergens
- Jalapenos – No intentional allergens
- Sour cream – Milk
- Cheese - Milk
- Salsa - Sulphur dioxide/Sulphites

Main meals

Lamb Henry:

- Lamb Henry – Cereals incl Gluten, Wheat, Soya
- Mashed potato – Milk
- Mint gravy – made with meat juices - No intentional allergens
- Braised root vegetables – Gravy – Gluten free – Made with Meat Juices

Chicken Caesar salad:

- Chicken Fillet breast – No intentional allergens
- Lettuce – No intentional allergens
- Creamy Caesar dressing – No intentional allergens
- Bacon - No intentional allergens
- Parmesan – Milk
- Croutons – Cereals incl gluten, wheat

Add chips – No intentional allergens

Gammon and pineapple:

- 10oz gammon steak – No intentional allergens
- Pineapple – No intentional allergens
- Chips – No intentional allergens
- Peas – No intentional allergens
- Grilled tomato – No intentional allergens

Add Egg – Egg

Homemade beef and mushroom pie:

- Beef and mushroom filling – No intentional allergens
- Pastry top – Cereals incl Gluten, Wheat, Egg Wash
- Choose Chips – No intentional allergens
- Choose Mashed potato – Milk,
- peas - No intentional allergens
- Gravy - Gluten free – Made with Meat Juices

Steaks

12oz rump steak:

Cooked to your preference, served with chips, peas and half a grilled tomato

- Rump steak – No intentional allergens
- Chips – No intentional allergens
- peas – No intentional allergens
- Grilled tomato – No intentional allergens

8oz Sirloin steak:

Cooked to your preference, served with chips, peas and half a grilled tomato

- Sirloin steak – No intentional allergens
- Chips – No intentional allergens
- peas – No intentional allergens
- Grilled tomato – No intentional allergens

Sides

(Served with main meal only)

- Battered onion Rings – Cereals incl Gluten, Wheat, Barley
- Grilled mushrooms – Milk (from butter used)
- Garlic bread – Cereals incl Gluten, Wheat, Milk, Soya
- Chips – No intentional allergens
- Wedges - No intentional allergens
- Peppercorn sauce – Milk – made with Meat Juices
- Chip shop curry sauce – Cereals incl Gluten, Celery
- Chip shop gravy – Cereals incl Gluten
- Add cheese – Milk

Kids Meals

Pork Sausage and Mash:

- Pork sausages – Cereals incl Gluten, Wheat, Soya, Sulphites
- Mashed potato – Milk, eggs, wheat
- Gravy – Gluten free – Made with Meat Juices
- Baked beans – No intentional allergens
- Peas – No intentional allergens

Fish Fingers and Chips:

- Fish Fingers – Cereals incl gluten, wheat, fish
- Chips – No intentional allergens
- Baked beans – No intentional allergens
- Peas – No intentional allergens

Chicken Nuggets and Chips:

- Chicken Nuggets – Cereals incl Gluten, Wheat, Milk, Celery, Soya, Egg, Mustard
- Chips – No intentional allergens
- Baked beans – No intentional allergens

Beef Burger and Chips:

- Beef Burger – Cereals incl Gluten, Wheat, Soya, Sulphites
- Sesame seeded bun – Cereals incl Gluten, Wheat, Sesame
- Chips – No intentional allergens
- Baked beans – No intentional allergens
- Peas – No intentional allergens

Tomato Pasta:

- Pasta – Cereals incl Gluten, Wheat
- Homemade tomato sauce –
- Garlic Bread – Cereals incl Gluten, Wheat, Milk, Soya

Hot dog in a bun:

- Hot Dog – Soya, Milk, Celery – May contain Mustard
- Hot Dog bun – Cereals incl Gluten, wheat – May contain Sesame
- Chips – No intentional allergens
- Baked beans – No intentional allergens

3 ROAST CARVERY EVERY SUNDAY



Sunday lunch, with chefs three freshly roasted meats with all the trimmings, help yourself to vegetables and potatoes.

Ingredients vary from week to week and may have changed since your last visit, all carvery food can be viewed from the serving station, however if you have an allergy question on any of our ingredients being served not stated in this section of our allergen guide, please ask a member of staff who will be happy to advise.

- Roast pork – No intentional allergens
- Roast beef – No intentional allergens
- Roast gammon – Gluten, Mustard
- Roast turkey – No intentional allergens
- Quorn roast – Egg, milk
- Roast potatoes – No intentional allergens
- New potatoes – Milk (from butter used)
- Lyonnaise potatoes – No intentional allergens
- Yorkshire puddings – Cereals incl Gluten, Eggs, Milk, Wheat
- Gravy – Gluten free – Made with Meat Juices

An option for gluten free gravy made without meat juices is available on request, please speak with your server

- Potato croquettes – Cereals incl Gluten, Wheat, Milk
- Pigs in blankets – Cereals incl Gluten, Wheat, Soya, Sulphites
- Stuffing – Cereals incl Gluten, Wheat, Barley, Egg, Soya, Celery, Milk, Mustard, Sulphites
- Cauliflower cheese – Milk, Gluten
- Creamed green Cabbage – Milk
- Mint sauce – No intentional allergens
- Apple sauce – Sulphur dioxide/Sulphites
- Horseradish – Eggs, Mustard
- Cranberry sauce – No intentional allergens

All veg served on our Sunday carvery such as, peas, carrots, carrot batons, cauliflower, broccoli, red cabbage, sprouts, courgettes, swede, butternut squash, sweetcorn and green beans – May contain Milk (from the butter used in our carvery ingredients)

Desserts

Chocolate fudge cake:

- Chocolate fudge cake – Cereals incl Gluten, Milk, Wheat, Eggs, Soya – May contain Peanuts/Nuts
- Ice cream – Milk – May contain Soya
- Cream – Dairy

Biscoff waffle:

- Waffle – cereals including gluten, wheat, milk, egg, soya bean.
- Biscoff sauce – cereals including wheat, soya bean
- Biscoff crumbs – cereals including wheat – may contain soya bean.
- Vanilla ice-cream – Dairy

Buccaneer bobs ice cream:

- Ice cream – Dairy
- Fan wafer - cereals including gluten, wheat, dairy, egg, soya bean.
- Chocolate sauce – Milk
- Strawberry sauce – No intentional allergens

Ice cream bowl:

- Ice cream – Dairy
- Fan wafer - cereals including gluten, wheat, dairy, egg, soya bean.
- Chocolate sauce – Milk
- Strawberry sauce – No intentional allergens

