



ALLERGEN GUIDE

At Coral Island, we take food allergies seriously and aim to provide clear information to help you make safe dining choices. Please inform our staff of any allergies before ordering. While we take precautions, our kitchen handles allergens and cross-contamination may occur.

Allergen Key

GL	Gluten (Wheat, Barley, Rye, Oats)
DA	Dairy (Milk, Cheese, Butter)
EG	Eggs
PN	Peanuts
TN	Tree Nuts (Almonds, Walnuts, Cashews, etc.)
SO	Soyabeans
FI	Fish
SH	Shellfish (Crustaceans & Molluscs)
SE	Sesame Seeds
MU	Mustard
CE	Celery
LU	Lupin
SU	Sulphites

Important Notice

- Please speak to a member of staff if you have any dietary concerns.
- While we take care to reduce the risks of cross-contamination, all dishes are prepared in a shared kitchen.
- Ingredient suppliers may change, so always check with us if you have severe allergies.

Thank you dining with Captain Jack's Bar & Grill

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